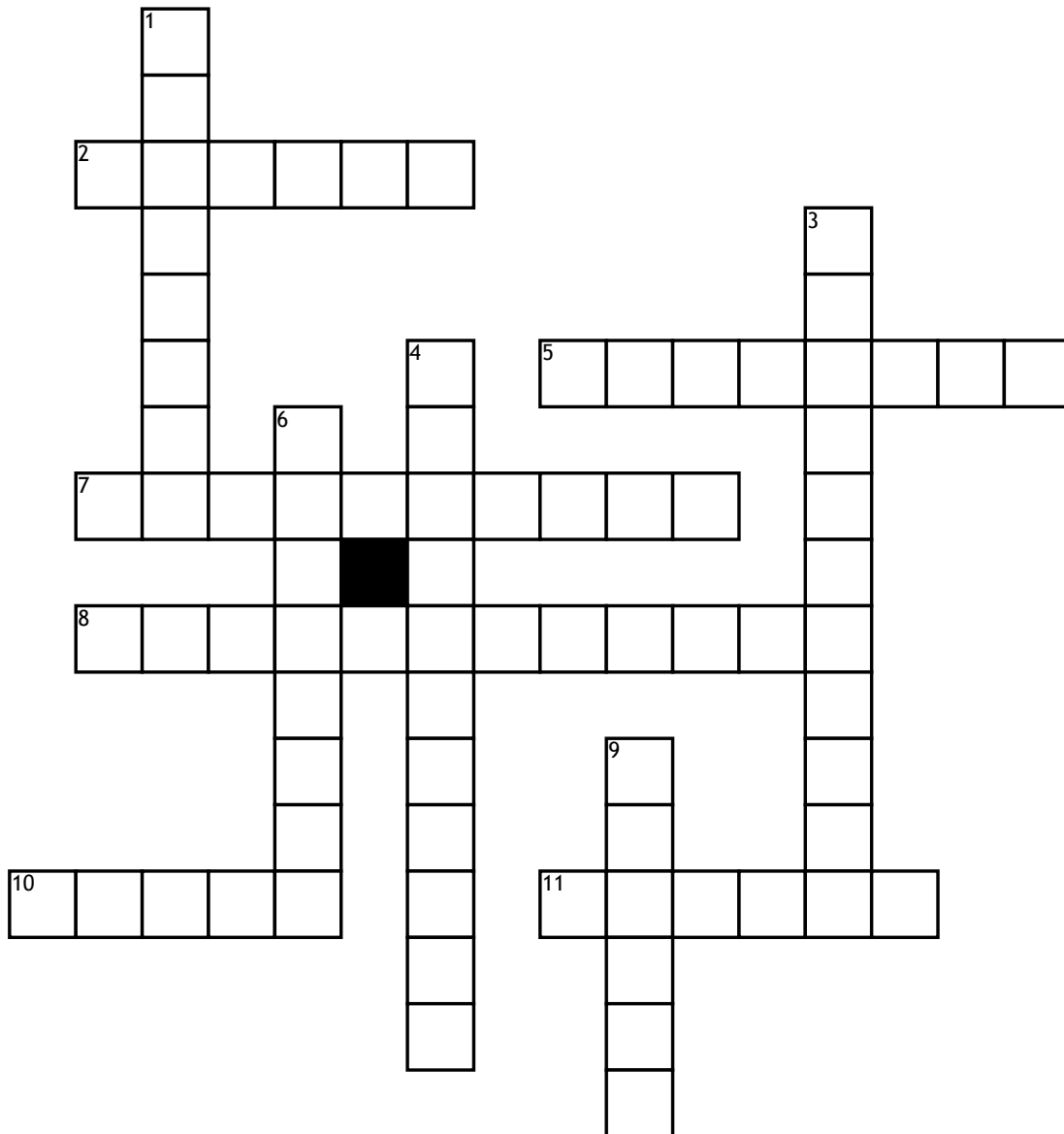


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# lifestyle diseases



## Across

- 2. males have a greater risk of heart disease
- 5. controlled by you
- 7. foods like lettuce and carrots
- 8. the force of blood against blood vessels
- 10. foods you should avoid
- 11. foods like apples and oranges

## Down

- 1. a healthy choice for your body
- 3. factors such as smog; beyond your control
- 4. reduces risk of heart disease
- 6. means that the disease runs in the family
- 9. an interruption of the flow of blood to the brain