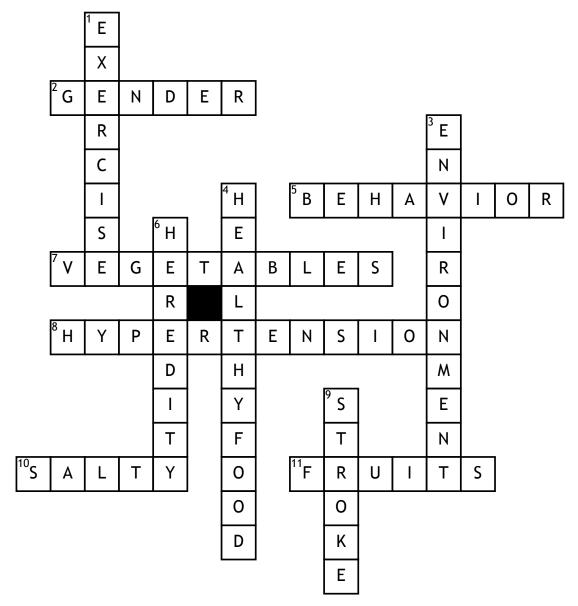
Name:	Date:	
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## lifestyle diseases



## **Across**

- **2.** males have a greater risk of heart disease
- 5. controlled by you
- 7. foods like lettuce and carrots
- **8.** the force of blood against blood vessels
- 10. foods you should avoid
- 11. foods like apples and oranges

## <u>Down</u>

- 1. a healthy choice for your body
- **3.** factors such as smog; beyond your control
- 4. reduces risk of heart disease
- **6.** means that the disease runs in the family
- **9.** an interruption of the flow of blood to the brain