

Date: _____

[illegible]

- 2. males have a greater risk of heart disease
- 5. controlled by you
- 7. foods like lettuce and carrots
- 8. the force of blood against blood vessels
- 10. foods you should avoid
- 11. foods like apples and oranges

1. a healthy choice for your body
3. factors such as smog; beyond your control
4. reduces risk of heart disease
6. means that the disease runs in the family
9. an interruption of the flow of blood to the brain