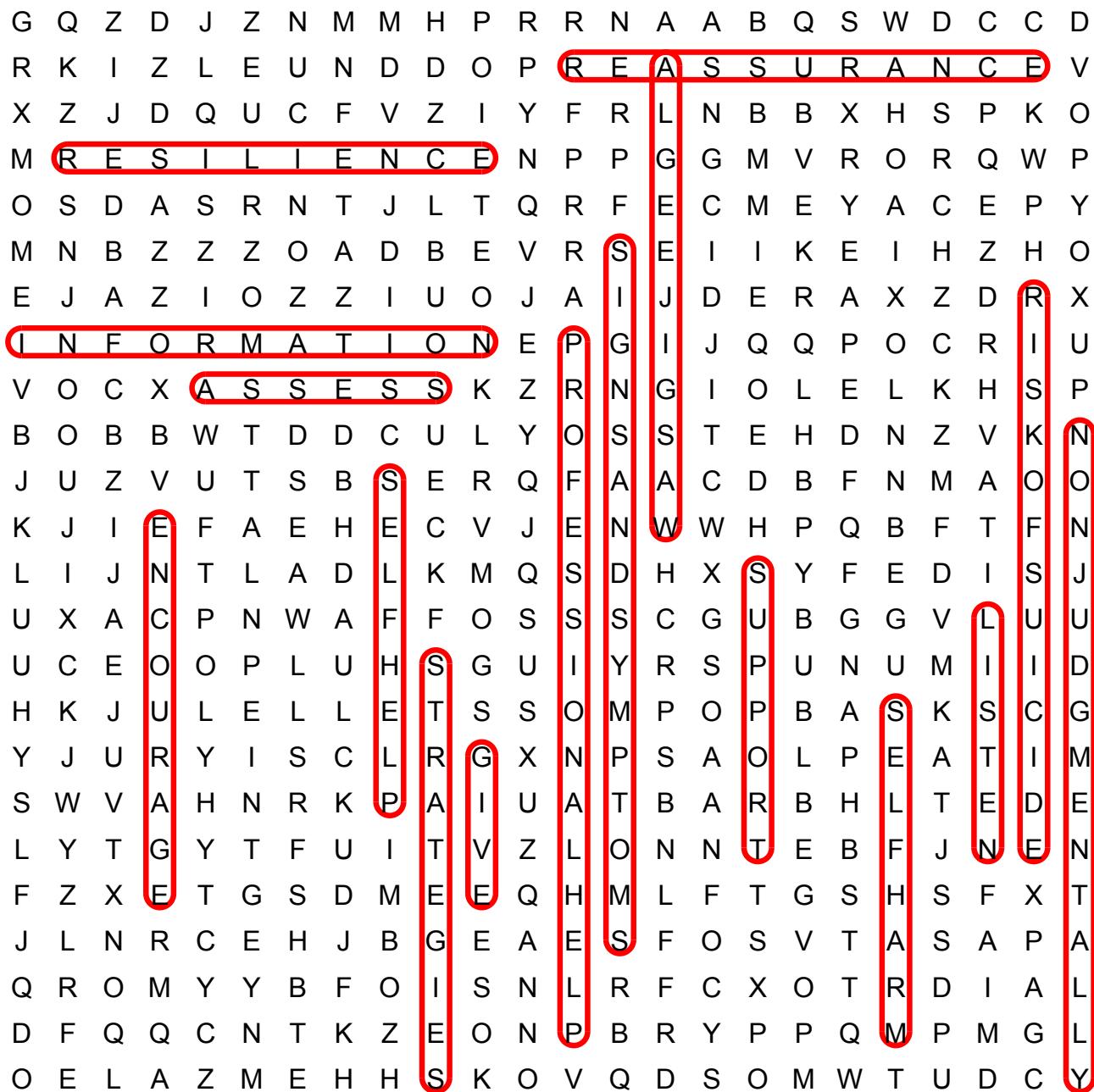


Youth Mental Health First Aid-ALGEE



signs and symptoms
nonjudgmentally
information
encourage
support
give

professional help
algee jigsaw
strategies
selfharm
assess

risk of suicide
reassurance
resilience
selfhelp
listen