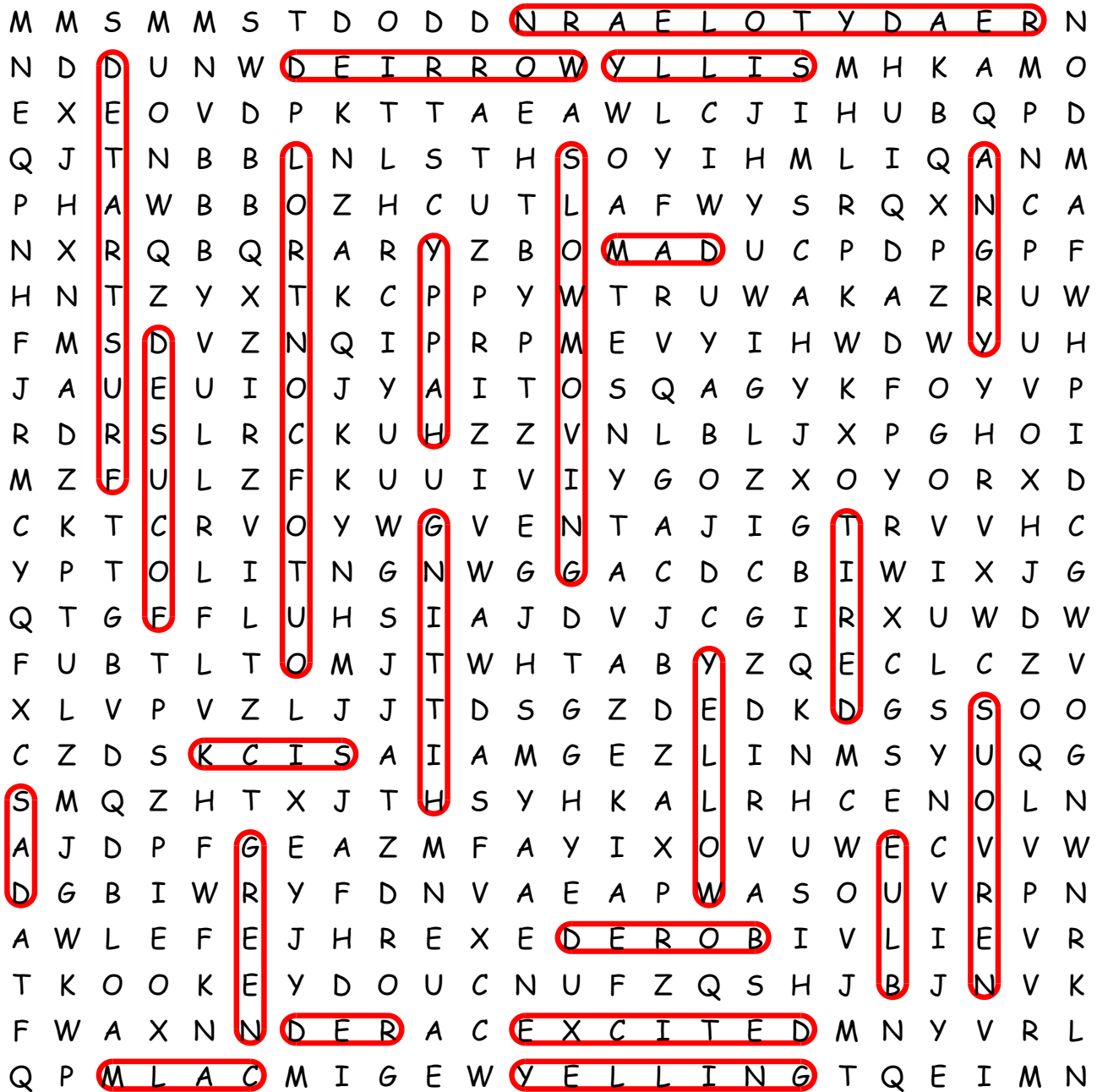


Name: _____

Zones of Regulation



out of control
excited
worried
bored
tired
mad

ready to learn
focused
yelling
Green
Blue
Red

slow moving
hitting
Yellow
happy
calm
sad

frustrated
nervous
angry
silly
sick