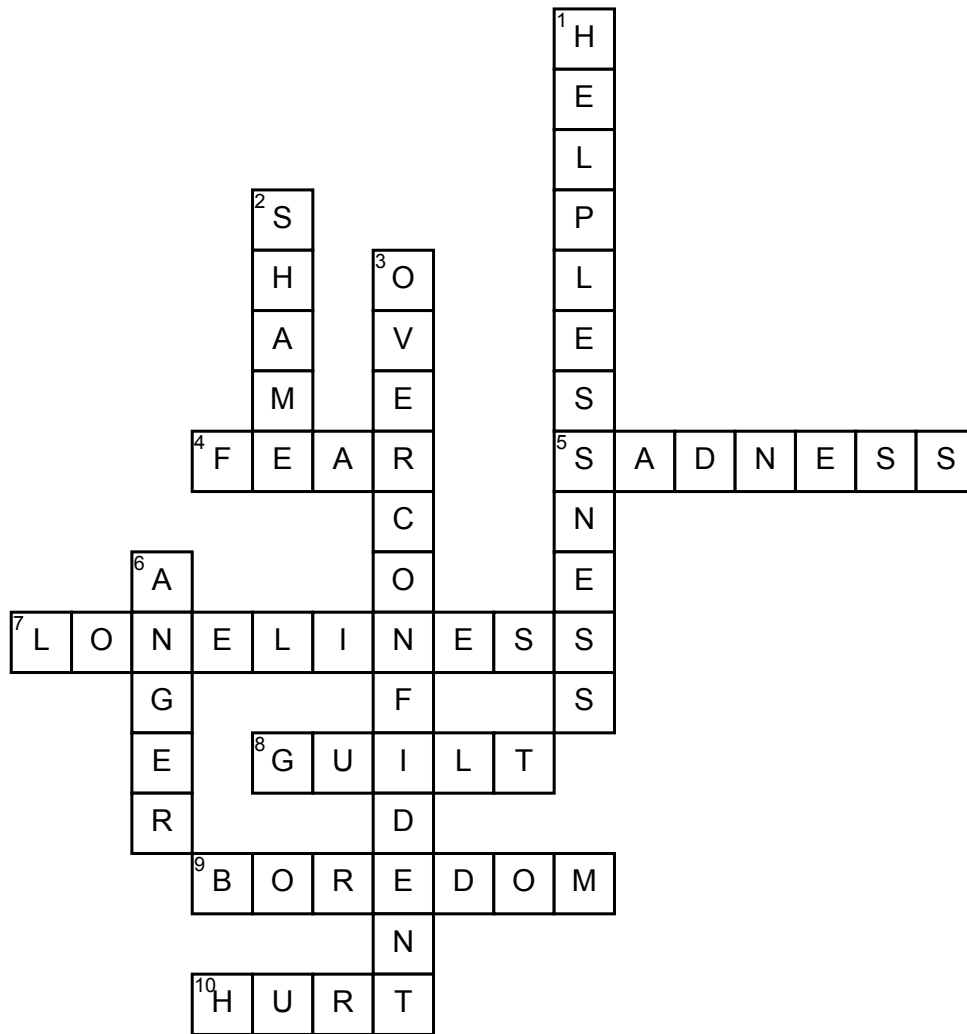


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Common Triggers for Relapse



## Across

4. Connected to anxious, nervous, scared, an insecure
5. Other descriptors connected to grief, sorrowful an somber
7. Other descriptors connected left out, neglected, an alienated
8. Descriptors connected to remorseful, sorry, responsible, an bad
9. Other descriptors connected to Disconnected, withdrawn, an not caring

## Word Bank

|              |               |
|--------------|---------------|
| Boredom      | Fear          |
| Sadness      | Shame         |
| Helplessness | Overconfident |

10. Other descriptors connected to abused,crushed, an disappointed  
**Down**

1. Other descriptors connected to Paralyzed, despair, an defeated
2. A descriptors of embarrassed, and humiliated
3. Other descriptors connected to ungrateful, reckless, an dominating
6. Other descriptors connected frustrated, annoyed, resentful, an aggravated

Anger  
Hurt

Guilt  
Loneliness