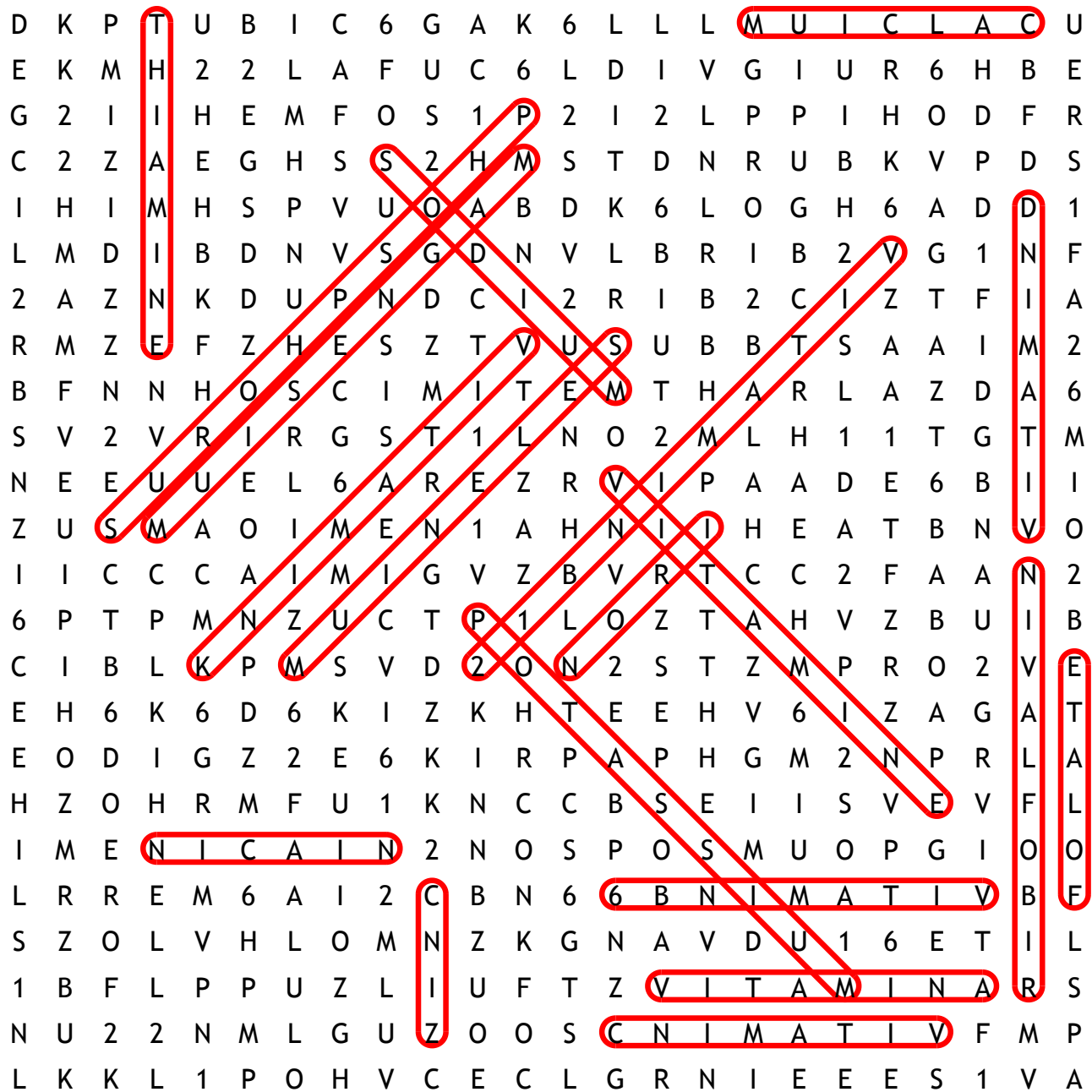


Name: _____

Nutrition



Vitamin B12
potassium
Vitamin E
Thiamine
Folate

phosphorus
magnesium
Vitamin D
Calcium
zinc

Vitamin B6
Vitamin C
vitamin A
niacin
iron

Riboflavin
Vitamin k
selenium
sodium