

Name: _____

Date: _____

Healthy Foods & Snacks

P X N T N O V X K X I E U D Z V S Y X N H C B X
G M N O M L A S I N K W K V A X S X H Z O R K C
X X R A Z M I E B K P L Y R E L E C P B O N L E
A S Q T R U G O Y C I C I N E K C I H C G Z Z L
N A H V H V O F V H Q W X M B N T D C U M Z Z N
A E O T S T O R R A C H I J R E Z O U X N B L B
N P V D U S P U M B K Q A G E F L E S E E H C L
A X K W A Y E L P P A E N I P I A L X D R X P U
B X N T U R K E Y D K I Y Y Q G I C J C V T N X
H W A T E R A T S A P T A E H W E L O H W M I N
I Y X G U G V S Q W S M B E E T S Y C V H V I R
Z S A B U R S Q V N T W P V Q Y G U T D S Q E W
K H R B N A A E U C T S R A E P C R I F B C L D
E C Q K V N S S O K A S Q G S U N N U R U C F Q
W A N I R O T W V T W C W I M P S R C A D X B P
Y N P V T L D E R R A J P B X B P G S I L Y O R
J I I T R A V H N I H M E T E T W E J P J M A I
I P T E L S N S P C H R O F C S L P S V R E H M
X S V G G R E A E E S C V T L P N L F I H X Y E
U O J A O Y J C D X I K T M P U F M E L B G E R
P Y F C G C T P L R L Q E A R N X G D Z P S Z I
U J P V G H D H P O Z X U X R U G U M E D Z H B
J O Y W Y B E A N S S A R L R S G S J M U H X U
P Y B L Z I H N H P D U F S E G N A R O K V G D

BEETS CELERY YOGURT GRANOLAS TOMATOES CUCUMBERS CASHEWS SALMON
APPLESAUCE CARROTS PEAS CHEESE TURKEY RICE CHICKEN BROCCOLI SPINACH
PEARS BEANS BANANA KIWI PINEAPPLE EGGS ORANGES PRIME RIB WATER MILK
WHOLE WHEAT PASTA POPCORN APRICOT