

Name: _____

Date: _____

Chapter 12 - Nutrition Guidelines Word Search

A S J Q Z C A L O R I E S G T B F E O D I J F X
 F P T G B S T E T E E F P B K V K U Z R D C I B
 E X I N G G T T L J O H X T L A X I A X L U X X
 E Z Y S K K K A U I M T U S T N E I R T U N N Z
 F J E M Y T M L M E H X J L A I T N E S S E C Q
 D U I W Q L K P V O G R A I N S K I R W U O G W
 E B S B G A A Y I T B U P P V H W I U J N X L C
 F R U I T F J M W L Y Q Y T J M M L Y J D U U R
 B P A X W P D W H W L G V J C O G U P M E R W B
 S W Y T J N O I T I R T U N A Z W V K K R P C O
 E B W A Q L L N D N M C C O L R J H Q J N R D W
 L I E B K V N Q E O O C Q O C D T K F S U O G F
 B N P H U P G L R I W C O K I G G Q Y W T T A H
 A O S S T U Z X W T F Z K M U H F U L M R E H T
 T X L L P F N Z F I T Z S P M Q A E E D I I U F
 E D E I R W S Z L R M C F W S B F L Z C T N O U
 G Y B O M C I V I T H U G L E D C Z V P I S K R
 E H A Z B K R E Q U G C T J K A E G S C O K P U
 V V L E B Z R V N N M O G B U I W X Y W N N V D
 D L D S U N E Q I L A O F X R R Y O W R E W Y D
 Q P O V H H T S A A O T Z M H Y G U B A P S U Y
 S Z O A E I G V N M O E T L H S W Q P G B N N K
 W X F R U D W H P O P Z N O X P H J L U T O E J
 C O I V M B B X O P T I F E Q U J P B S F M P I

Undernutrition	Malnutrition	Food Labels	Vegetables
Essential	Nutrients	Nutrition	Calories
My Plate	Calcium	Protein	Grains
Dairy	Fruit	Sugar	Oils