

Name: _____

Date: _____

Physical Education

F G D F A S W X I G I J R U S O O F R F R R G V
I W F Z W D V Z I R A L U C S A V O I D R A C C
P M X R E P E T I T I O N P Q G E C L O N X T Y
E D X K K J H E T X F I O Z E T C F X F O C N F
Y B N D V H T G E T A R E D O M C A S L B A M E
S G F H W C G S B H R N T F Y Q L E E V L U G E
C I M T O E N E Z G Y A R N S E G U N I U C Z D
I T N L C Q E L E I H S A O R F N E J W E E P B
B H S A J O R C S X C N M H N Z I H V M T S G A
O U P E C W T S L N T G O L Z D H J O R C I N C
R U K H J N S U U V E K Y D T L T U X R O C N K
E D O M T J W M P T R L N Y T W A M F Y O R P Y
A Z C W E E U P C K T T U M T B E P E Y P E K K
D E K G C I S K H R S Q N L N I R I H G E X T N
H D I W H I T E N D U R A N C E B N K Y R E B C
E U P O N J R W V D Q S D X S Y J G A E A R T A
H T E G I T A J X L H S S E N T I F N B T W K H
I I F J Q Y T G V X X V J Y X Q B Q R K I W Q F
F T U C U Q E G U Q A D J I C H W S K U O K K U
T T T S E D G E L X S P S L E Z U F A H N W R M
X A J B S Y Y N A V K Y J R U N N I N G X N I H
R B P T I N G Y K H L T E G R A T C P X Y O O S
M X Y T L P H S G S Y N C H R O N I Z A T I O N
A H I N T E N S I T Y D Y B Y J V T E S T I N G

moderate attitude feedback techniques testing target synchronization stretch
strength strategy running repetition pulse muscles jumping intensity health
fitness exercise endurance cooperation cardiovascular breathing aerobics