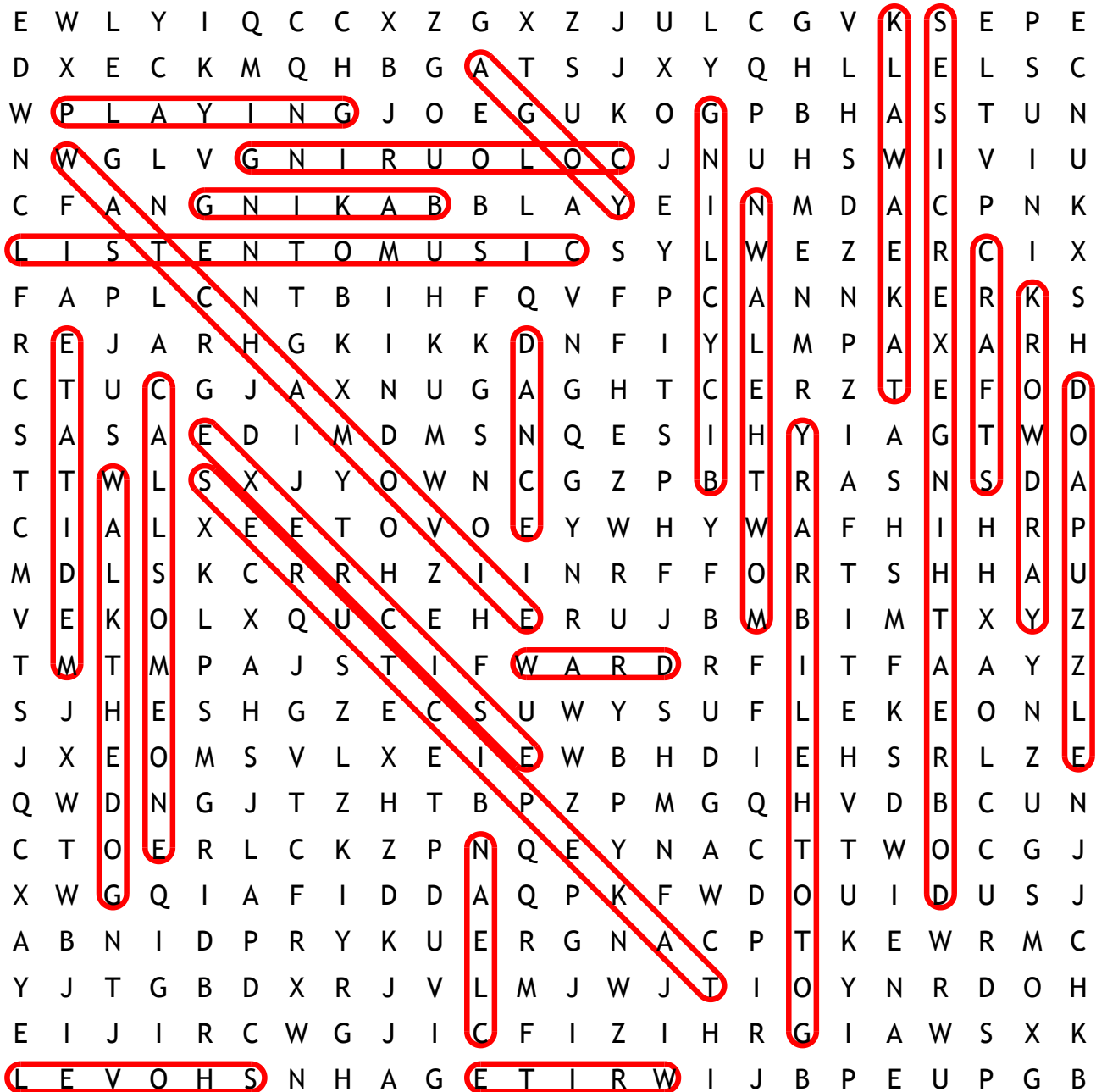


Name: _____

What's In Your Toolbox?



do breathing exercises
take pictures
mow the lawn
take a walk
yard work
playing
shovel
write

go to the library
watch a movie
walk the dog
bicycling
exercise
baking
clean
draw

listen to music
call someone
do a puzzle
colouring
meditate
crafts
dance
yoga