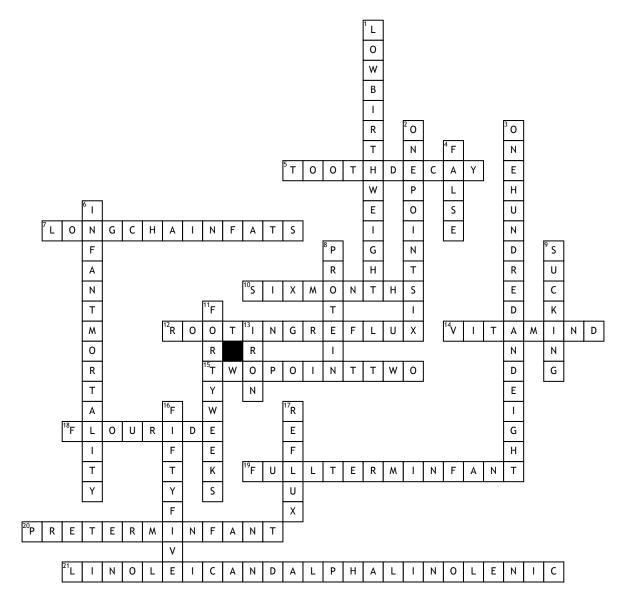
Name:	Date:

Infant Nutrition



Across

- **5.** What may happen if an infant does not get enough fluoride
- **7.** What fats are difficult for infants to utilize
- **10.** Babies should be breastfed exclusively for how long
- **12.** Action that occurs if one cheek is touched, resulting in the infant's head turning toward the cheek and the infant opening his mouth
- **14.** Which vitamin is recommended for all infants starting shortly after birth at a level of 400 IU per day
- **15.** Recommended protein intake from birth to 6 months (g/kg)
- **18.** .01 mg daily for infants less than 6 months is the DRI for which mineral

- **19.** infants born between 37 and 42 weeks of gestation
- 20. Those born at 37 weeks or less
- 21. What two essential fatty acids are found in fats

<u>Down</u>

- 1. An infant weighing <5lb 8 oz at birth
- 2. Recommended protein intake from 6-12 months 9 (g/kg)
- 3. The average energy need of infants in the first 6 months of life (kcal/kg)
- **4.** T/F Breastmilk and formula do not provide adequate water for healthy infants for the first six months
- **6.** Death that occurs within the first year of life

- **8.** One reason cow's milk is not recommended for infants before 1 is because it is high in
- **9.** A reflexive movement of the tongue moving forward and backward; earliest feeding skill
- 11. What is the average gestation for a full term
- 13. Condition of inadequate weight or height gain thought to result from an energy deficit, whether or not the cause can be identified as a health problem it is common for infants to be deficient in this mineral
- **16.** Breastmilk provides how much energy from fat (%)
- **17.** An automatic (unlearned) response that is triggered by a specific stimulus