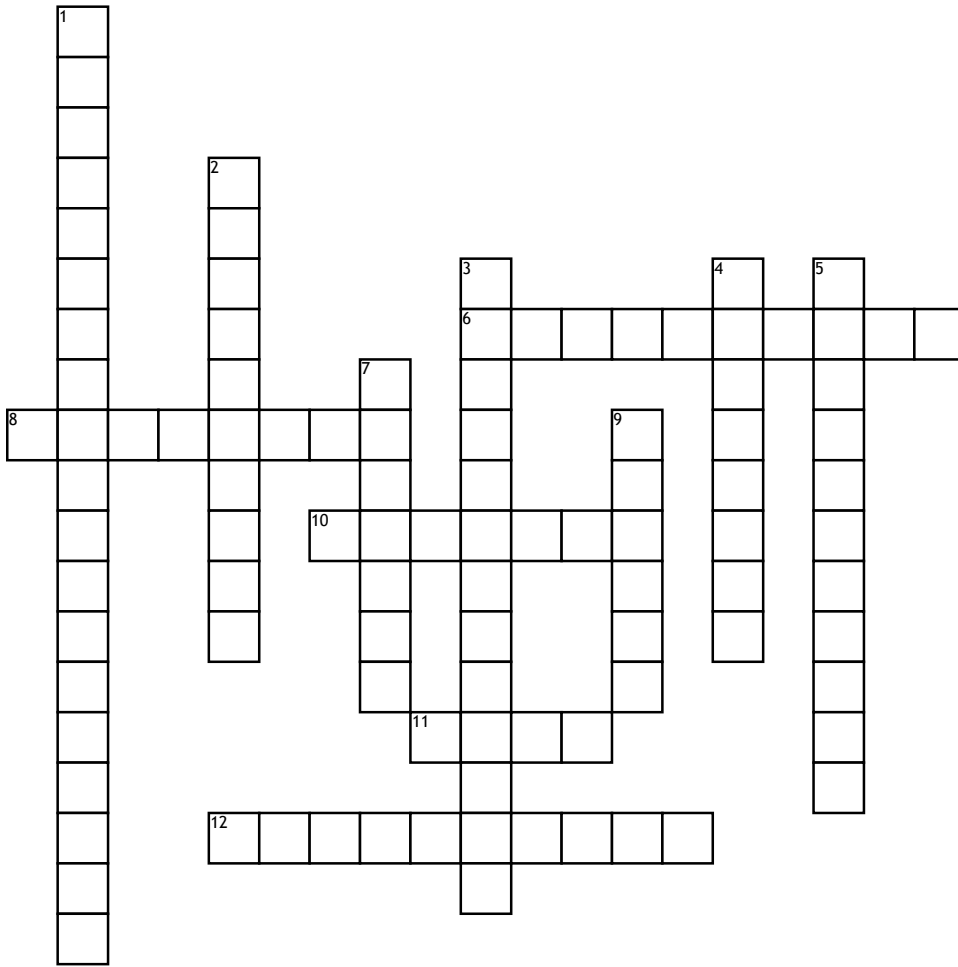


Name: _____

Mental Health Awareness



Across

6. to give advice to; advise
8. an idiosyncratic belief or impression that is firmly maintained despite being contradicted by what is generally accepted as reality or rational argument, typically a symptom of mental disorder
10. a mental health diagnosis characterized by an alternation between varying levels of euphoria and depression
11. to make easier or less difficult; contribute to; facilitate

12. the branch of medicine concerned with the diagnosis and treatment of mental illness

Down

1. having a tendency to dwell on unwanted thoughts or perform certain repetitious rituals, especially as a defense against anxiety from unconscious conflicts
2. sadness; gloom; dejection
3. a disorder that can result in hallucinations, delusions, and extremely disordered thinking and behavior
4. a state of serious emotional and mental deterioration, of organic or functional origin

5. a technique in which one focuses one's full attention only on the present, experiencing thoughts, feelings, and sensations but not judging them

7. a state of apprehension and psychic tension occurring in some forms of mental disorder

9. a specific response by the body to a stimulus, as fear or pain, that disturbs or interferes with the normal psychological equilibrium of an organism