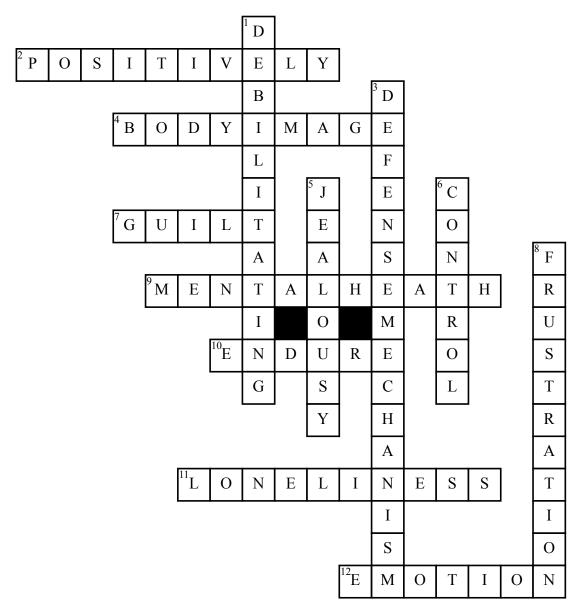
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mental health



Across

- **2.** mentally healthy people have the ability to see events
- **4.** how you see and feel about appearance and your body
- 7. ____ can alert you when you are acting about your values
- **9.** a state of mental well-being in which you can cope with daily life
- **10.** mentally healthy people can ____ failures abd frustrations
- 11. a feeling of being emotionally isolated
- 12. an ____ is a feeling produced in response to life experiences

Down

- 1. fear can be ____ and protect you from danger
- **3.** an unconscious thought or behavior used to avoid unpleasant emotions
- 5. ____ is often caused by fear
- **6.** mentally healthy people have a sense of _____
- **8.** anger often results from