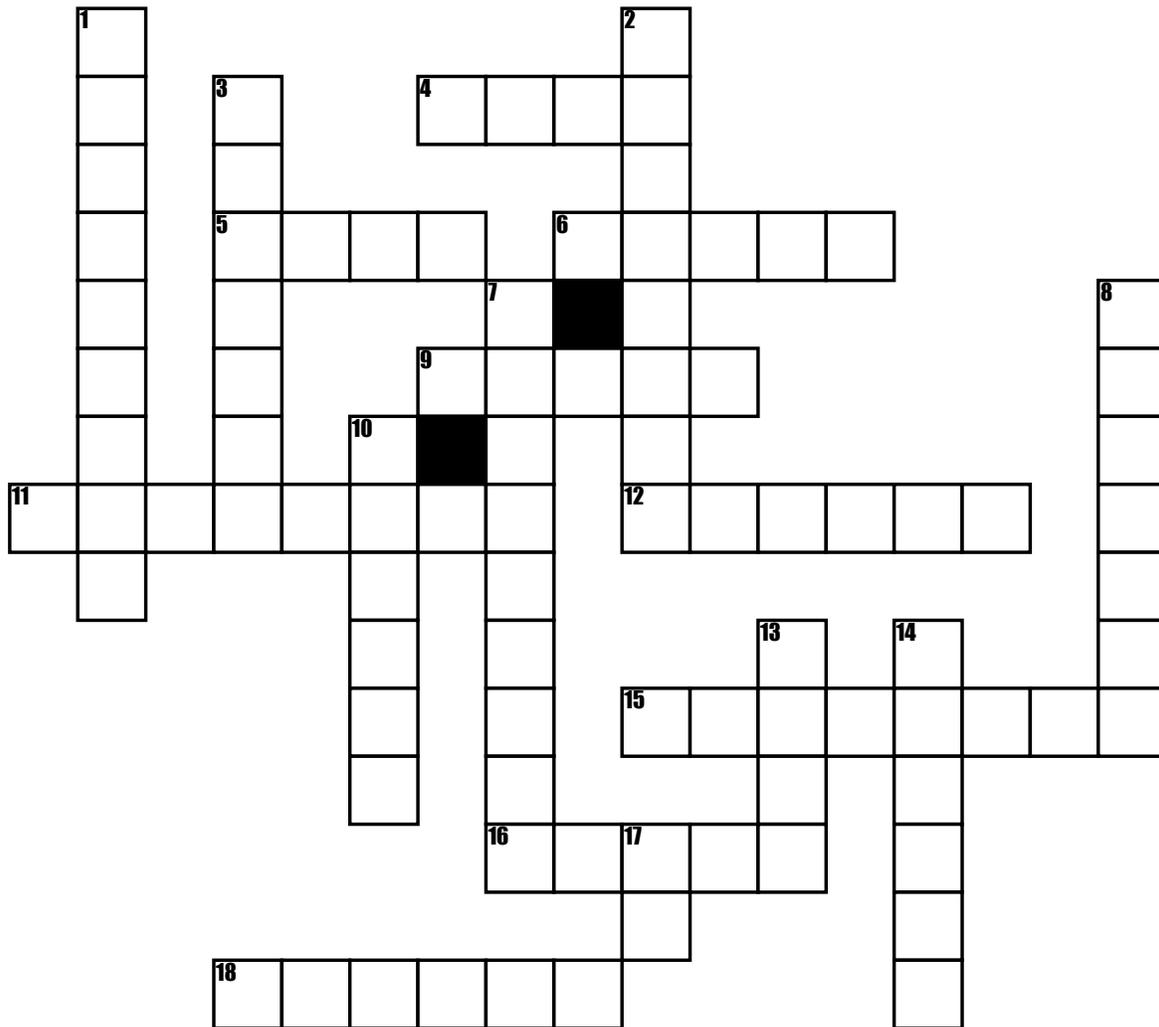


Running on empty



Across

4. The amount of years between Olympic games

5. The main rival

6. AJ's Uncle's favourite fishing spot

9. What they use to pay the power

11. An international tournament where athletes compete for medals.

12. What do some runners use for better grip on tracks

15. practice

16. Where the main character trained after school

18. City in England

Down

1. Famous Jamaican Olympic sprinter

2. Running shoes

3. sports venue

7. Where AJ brought milk

8. A form of exercise and sport

10. people that compete against each other

13. Where AJ trains on the weekends

14. the strength and vitality needed to do physical or mental activities

17. The main character