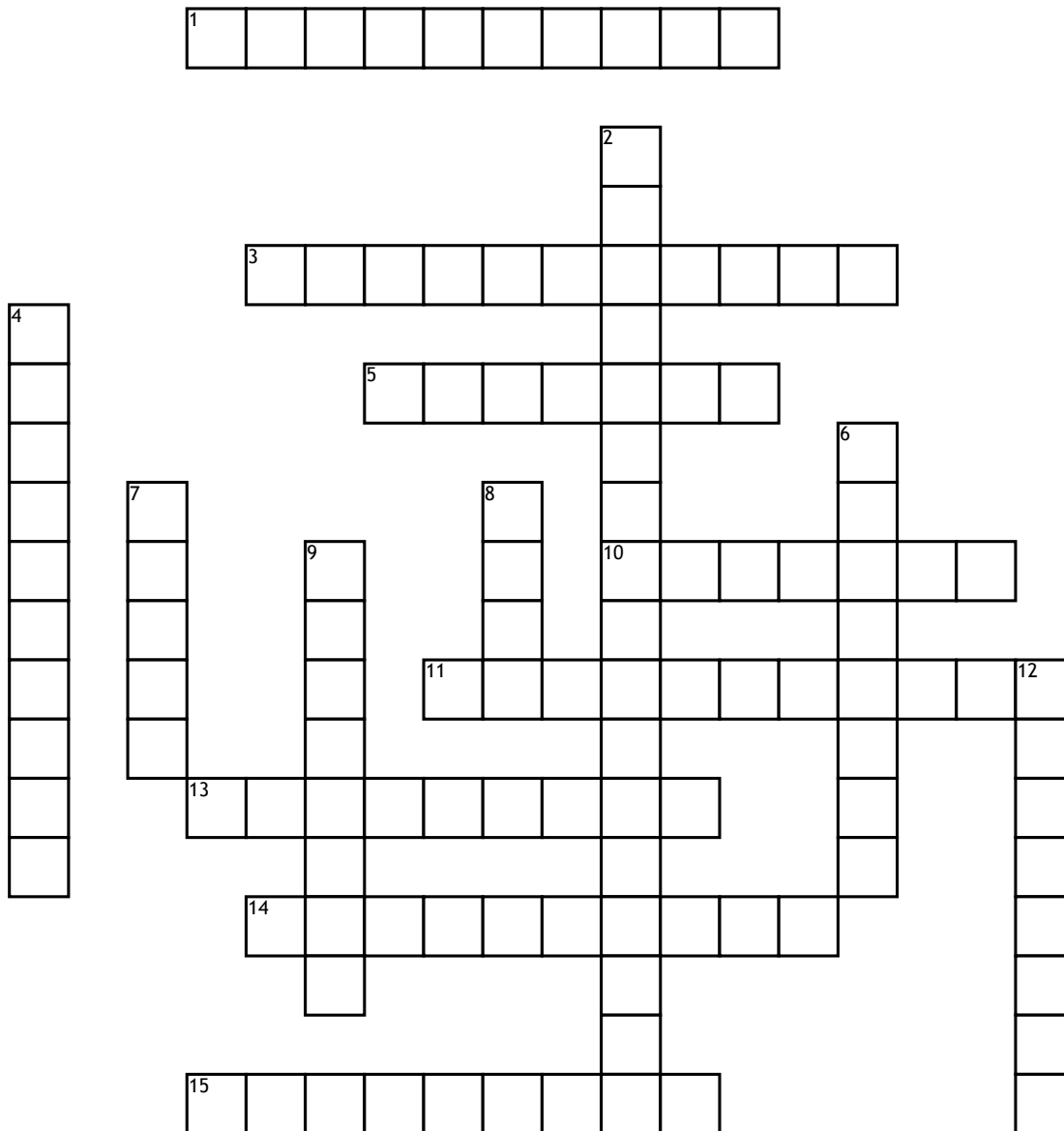


Name: _____

Date: _____

Achieving Goals



Across

- 1. Ability to adjust easy to change
- 3. In the moment
- 5. Taking a step back
- 10. Difficult situation
- 11. Other solution

- 13. Things that get in the way of goals
- 14. Ambition to do something
- 15. Test out goal

Down

- 2. Avoiding taking a step back
- 4. Sympathetic feeling

- 6. Answer to a problem
- 7. What type of steps to take towards goal
- 8. Write it, plan it
- 9. Making a choice
- 12. Healthy activity