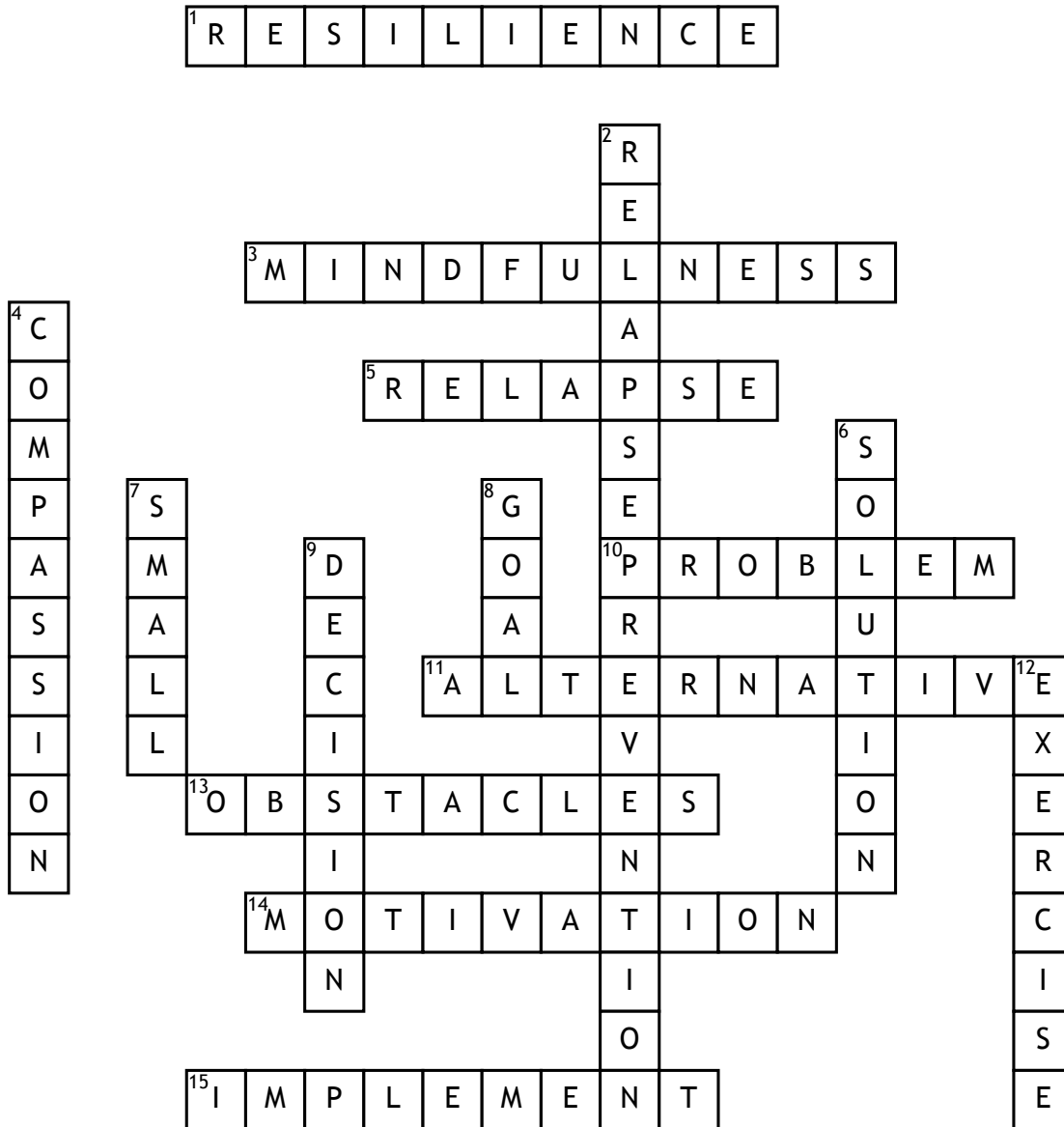


Name: _____

Date: _____

Achieving Goals



Across

1. Ability to adjust easy to change
3. In the moment
5. Taking a step back
10. Difficult situation
11. Other solution

13. Things that get in the way of goals

14. Ambition to do something

15. Test out goal

Down

2. Avoiding taking a step back

4. Sympathetic feeling

6. Answer to a problem

7. What type of steps to take towards goal

8. Write it, plan it

9. Making a choice

12. Healthy activity